



OUR STORY!

Burger Theory started back in 2012 with a simple mission: make burgers that blow people's minds. It all kicked off with a street food stall, two mates, and a serious obsession with bold flavours and proper ingredients. We weren't interested in boring burgers—these were theory-tested, sauce-dripping, juicy masterpieces!

Since then, we've popped up at festivals, gone to Glastonbury, fed thousands of hungry humans, and kept pushing the limits of what a burger can be. Along the way, we've built an awesome crew, and found our forever home right here in Bristol. Now? We're still flipping burgers, still full of ideas, and still loving every bite of it.

THANKS FOR BEING PART OF THE STORY—NOW LET'S EAT!



WING WEDNESDAYS

80p per wing
Available all wednesday when purchasing
a drink, side or dessert

KIDS EAT FREE

One free kids meal with every full price burger
Available Monday - Friday 4 - 6pm

LUNCH DEAL

Free fries or slaw with any burger
Available 12-4pm

All deals not in conjunction with other offer



Rory - Founder & Manager

Nick - Founder & Chef



SO! WHAT'S THE THEORY?

FROM MEAT TO BUN, WE ARE REALLY FUSSY ABOUT WHAT GOES INTO OUR BURGERS.

Our **BEEF** comes from Bristol Butchery legends Buxton's Butchers who source grass fed west country beef for our specially blended dry aged rib cap burgers which are full of beefy flavour. We salt on the grill so the meat does not dry out, sear to perfection and get that perfect caramelisation every time. You will find smashed, Oklahoma and a chunky 5oz patty choice on our menu.

ASK YOUR SERVER IF YOU'RE NOT SURE WHAT TO GO FOR!

FRIED CHICKEN is a special love of ours and getting the perfect crust and keeping the chicken as moist as possible is an artform we have worked at for years. We use chicken thigh, brined overnight then fried in our signature spiced dredge. Where better to go for **SOFT POTATO BUNS** than Hobbs House bakery, the best in the west.

VEG comes from Hugos who picks up only the best produce. When it comes to sauce our **CHEFS** have got plenty. We pickle and brine, marinate and blend. All of our recipes are unique, and they are what makes our food so special. We believe that if you put enough thought and craft into a burger the end result will be utterly delicious!



Burger Theory



BurgerTheory

BURGERS

HOLY COW!

Our beef is a mix of fresh and dry aged rib cap with a good amount of fat because that's where the flavour is and helps to give that perfect caramelisation on the grill. 5oz patty's are cooked a little pink as standard, if you'd like yours well done, please let your server know. Smashed burgers come well done, but still juicy. An Oklahoma-style smash patty has sweet onions smashed and grilled into it for extra flavour!

SIMPLE THINGS (V, VG, GF) £12

5oz beef patty, house ketchup, gherkins, mayo, lettuce, red onion

Why not add: Bacon +2 American cheese +1 Monterey Jack +1.50

CHEESE THEORY (V, VG, GF) £13.5

Double smash patty, American cheese, Monterey jack, house ketchup, gherkins, mayo, lettuce, red onion

Why not add: Bacon +2

THE SHERIFF (V, VG, GF) £14.5

5oz beef patty, Monterey Jack, American cheese, bacon bits, pickled onion ring, bbq sauce, mayo, lettuce, red onion

Add: Crispy chicken thigh +4 Gherkins +1

THE OG (V, VG, GF) £14

DBL Oklahoma style smashed patty, American cheese, bacon bits, gherkins, OG burger sauce, lettuce

Why not add: Candied chillies +1

THE BLUE COW (VG, GF, H) £13.5

5oz beef patty, blue cheese, chipotle mayo, candied chillies, pink pickled onions, house ketchup

Why not add: Bacon +2 American cheese +1 Gherkins +1

BRAISED AND CONFUSED (V, VG) £13.5

DBL Oklahoma smash patty, double American cheese, house burger sauce, beer-braised onions, gherkins

Why not add: Bacon +2 Monterey Jack +1.5

PBNJ (V, VG, GF, H, N) £13.5

DBL Oklahoma-style smash patty, American cheese, bacon bits, blueberry habanero jam, miso peanut butter

Why not add: Candied chillies +1 Gherkins +1 Bacon +2

HAIRY BEAST (V, VG, GF) £18.5

5oz beef patty, crispy chicken thigh, Monterey jack, American cheese, bacon bits, pink pickled onions, BBQ sauce, or Buffalo hot sauce & creamy ranch, mayo, lettuce, red onion

BIRD IS THE WORD

Our chicken is 24hr brined for juiciness, then dredged in our secret buttermilk and house spice blend before being fried to crispy perfection. Sauce it up, slap it in a bun and get ready for crispy, saucy, finger-lickin' happiness!

KFC (V, VG, S, N,) £14

Korean crispy chicken thigh, sticky chilli sauce, peanuts, chillies, spring onions, mayo, lettuce, red onions

Why not add: Gherkins +1 American cheese +1

YAY-SATAY (V, VG, S, N,) £14

Crispy chicken thigh, Miso peanut butter sauce, pink pickled onions, chillies, spring onions, peanuts, mayo, lettuce, red onions

Why not add: Gherkins +1

COCK-A-DOODLE (V, H) £13

Crispy chicken thigh, Buffalo sauce, creamy ranch dressing, mayo, lettuce, red onions

Add: Gherkins +1 American cheese +1 Bacon +2

CLUCK NORRIS (V, VG) £13

Crispy chicken thigh, smoky BBQ sauce, creamy ranch dressing, gherkins, mayo, lettuce, red onion

Why not add: American cheese +1 Bacon +2

THE BASIC BIRD (V, VG) £12

Crispy chicken thigh, mayo, lettuce, red onion

Why not add: Gherkins +1 American cheese +1 Bacon +2

PLANT POWER!

We can make most of our beef and chicken menu vegetarian or vegan. Just ask you server how the burgers will come. If you don't want to think so hard then here are some of our suggestions:

CHEESE THEORY VEGETARIAN (V, VG, GF) £13.5

Mock 'beef' patty, American cheese, Monterey jack, house ketchup, gherkins, mayo, lettuce, red onion

THE OG VEGETARIAN (V, VG, GF) £14

Mock 'beef' patty, American cheese, gherkins, OG burger sauce, lettuce

Why not add: Candied Chillies +1

BLUE COW NO MOO! (V, GF) £13.5

Mock 'beef' patty, blue cheese, chipotle mayo, candied chillies, pink pickled onions, house ketchup

Why not add: American cheese +1 Gherkins +1

COCK-A-DOODLE NO CLUCK (V, H) £13

Mock fried chicken, Buffalo sauce, creamy ranch dressing, mayo, lettuce, red onions

Why not add: American cheese +1 Gherkins +1

KFV VEGAN (V, VG, H, N) £14

Mock fried chicken, Korean sticky chilli sauce, peanuts, chillies, spring onions, mayo, lettuce, red onions

Why not add: Gherkins +1 American cheese +1

SIDES & FRIES



PICKLED ONION RINGS (V, VG) £5

FRIES (V, VG, GF) £5

ADD A SAUCE £1.5

OG burger sauce, House ketchup, BBQ sauce, Blue cheese sauce, chipotle mayo

CREAMY RANCH SLAW (V, VG, GF) £5

Fresh crunchy slaw dressed in house ranch dressing.

Why not add: Candied chillies & blue cheese crumb +2

BUFFALO FRIES (V, H) £11.5

Buttermilk crispy chicken thigh, buffalo sauce, ranch sauce, blue cheese crumb, chives

BURGER FRIES (V) £9

Fries, cheddar and mozzarella, house burger sauce, beer-braised onions, pink pickled onions, chives

Why not add: Smash patty +2.5

CHICKEN & HALLOUMI

CRISPY FRIED CHICKEN BITES small £8 large £13

JUICY FRIED CHICKEN WINGS 6x£8 12x£13

HEAVENLY HALLOUMI FRIES (V) £8

CHOOSE YOUR STYLE:

PLAIN JANE

Plain and simple

SATAY STYLE

Peanut sauce, fresh red chillies, crushed peanuts, spring onions

KOREAN HOT

Sticky chili sauce, peanuts, chillies, spring onions

BUFFALO STYLE

Buffalo sauce, ranch dressing, chives

BBQ-RANCH STYLE

Smokey BBQ sauce, ranch, crispy onions

KEY

V= AVAILABLE VEGETARIAN

VG= AVAILABLE VEGAN

H= HOT N' SPICY

N= CONTAINS NUTS

GF= AVAILABLE GLUTEN FREE

DOUBLE DOWN YOUR PATTY

Why not add... Smash patty +2.5
Oklahoma Smash patty +3 5oz beef Patty +5



Allergen Info: All our food is prepared in a kitchen where nuts, gluten & other allergens are present, and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

Service Charge: An optional 12.5% service charge will be added to every bill. 100% of this goes to our hard-working team. Thank you